



Aquaticca Salon & Day Spa

straightening process; and skin care and waxing. This holiday season, modernize your look.

Aquaticca Salon & Day Spa (4720 Hampden Lane, Bethesda, 301-652-0550, www.aquaticcasalon.com) offers a calm, soothing atmosphere and is bathed in cool neutral blue and silver. The upper floor, dedicated to hair color/cut and styling services, showcases car-size beautiful saltwater aquariums with waterfalls. The lower level has large, soundproof spa treatment rooms for facials/waxing/massage, etc. From the front desk to the stylists to the therapists, Aquaticca Salon & Day Spa believes in incredibly high levels of client attention and service. They specialize in all types of classic color/highlight/ and cut/styling, as well as a new service called “Keratin Complex Hair Therapy,” which eliminates all frizz and is less harsh than the “Brazilian” technique.

Visit **Spalon Day Spa & Boutique** (14925 Shady Grove Rd. Suite A, Rockville, 301-610-7733, www.spalondayspa.com) and enjoy a modern, full-service, 5,000-square-foot salon and spa where European traditions are combined with state-of-the-art technology. Spalon Day Spa & Boutique carries only the most exclusive product lines, such as Yon Ka Paris skin care and Schwarzkopf professional hair care. Besides incredible cuts and color, the day spa offers a varied menu of treatments. Indulge in their exclusive chocolate massage, four-layer facial and traditional ear candling treatment. Other services include hydrotherapy massages, a variety of baths and a custom-built sauna and Jacuzzi, as well as a luxury VIP couple’s suite. New services and treatments are always being added.

Balance—it’s what everyone wants in their life. **Blu Water Day Spa** (5234 Nicholson Lane, Kensington-White Flint Plaza, 301-984-6245, www.bluwatertdayspa.com) brings that to your life and a little piece of heaven, all in the midst of exquisite natural elements. At this unique sanctuary you’ll renew and rejuvenate your spirit, skin, nails and feet. Individualize



The Apothecary Bar at Blu Water Day Spa

make each client feel confident and fabulous. And the surroundings of dark cherry wood and sleek track lighting add to the vibrant feeling.

Salon Cielo (7118 Bethesda Lane, Bethesda, 301-656-5807, www.saloncielo.com) is an urban oasis for guests seeking classic, sophisticated styles in a tranquil atmosphere. Stylists all go through a rigorous training program to ensure the highest skill level. Salon Cielo is all about creating an “Amazing Client Experience” and striving to personalize the look of

each guest. They believe that the hottest fashion trend is always about customized looks that suit the individual.

Salon Nader (Wildwood Shopping Center, 10243 Old Georgetown Road, Bethesda, 301-897-8700, www.salonnader.com) is modern and sleek yet warmly inviting. Owner Nader Lotfi says, “A large number of our clients used to travel to New York to get their hair styled. Now they come to us.” Salon Nader offers the most chic hairstyles; the most beautiful color; Nano-Keratin, an advanced

your manicure and pedicure at the Apothecary Bar, where natural herbs and essential oils are customized for a luxurious pampering experience. Choose from a varied menu of facial rituals, massages, waxing, permanent makeup and natural bronzing. Many treatments/rituals are based on *ayurvedic* healing therapy, an ancient Indian practice. This holiday treat yourself or someone else to the gift of rejuvenation.

Cindy Nails (11630 Rockville Pike, Rockville, 301-881-9614) offers a beautiful salon where the top priority is cleanliness and relaxation. At Cindy Nails you will experience the best manicure, pedicure and waxing in town. And the great news is My Louie from Sandy Nails in Bethesda now works here. Come in and experience Cindy Nails for yourself.

Way before "green" became an international buzzword, **Natural Body Spa & Shoppe** (1081 Seven Locks Road, Potomac, with locations in Virginia and D.C., 301-610-5004, www.naturalbody.com) incorporated it into its spa and shop. Natural Body offers the ultimate "green spa" with its natural approach to massage, aesthetics and anti-aging treatments, as well as its natural and organic retail products. From the spa's construction to its newsletter, Natural Body uses recycled products. And, of course, it offers the most relaxing, restoring and pampering experience.



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